

Champions are different! They possess a unique mental makeup that goes with excellence and success. Many people have experienced moments or perhaps even days when everything flows, we feel our best and life seems magical. But for most, it's illusive and beyond our control. This doesn't have to be the case. Peak performance is a strategy which can be created and enjoyed any time.

Traci's programs focus on the common denominators of peak performance, communication and results. They will get your team performing in a way you only dreamed possible.

"When you're ready to stop talking about being successful and actually be successful, it's time to call Traci. She helped me recapture focus that I thought I'd lost." -Alex Galant Teacher and 4x International Powerlifting Federation World Masters Champion

Breakout:

•**Mastering Magical Persuasion**

Learn to use your body and verbal language to create instant, unconscious rapport and get agreement every time. (can be extended into a ½ day training)

Keynote or Breakout:

•**Mastering the Champion's Mind**

Learn how your values, language, and internal dialogue can propel you towards success or keep you stuck. Learn the common denominators of Peak Performance so that it can be created any time in any situation. Find out exactly how to set your goals so you seem to reach them automatically.

"Traci tells great stories, leads by example and shows you the steps to build your ultimate future"-B. Gavigan



**Let Traci customize a program
to assist your employees or
association to reach their goals
and be at their best!**

**Call to Book Today!
303-494-7075
www.tracibrown.com**



Traci Brown

A three time US Collegiate Cycling Champion, former US Cycling Team member and Personal Trainer for Your Mind™, Traci is dedicated to assisting individuals and groups create excellence.

By integrating her 12 year bike racing career, experience in the corporate world, and extensive training in mental excellence, Traci "Wow's!" people all around the country by teaching them to initiate change in a positive, easy, and inspirational way.

Traci shares her inspirational journey to the podium while providing tools to motivate audiences so that success becomes automatic.

Traci is the author of *Mastering Magical Persuasion* and *How to Make Money, Have Fun and Love What You Do: A Practical Guide to Creating the Success You Deserve in Work and Life*

"Great program-great stories"-L. Turner